



## VIZAG BAY MARATHON

**DEEP** has as its core, a strong commitment to improving the standards of health by strengthening the existing health care systems, by collaborating and partnering with the public and private partnerships in a meaningful engagement to help eradicate avoidable, unnecessary diseases through education and prevention. Running is a form of physical exercise that can affect the health of an individual at a personal level. It is one of the simplest form of exercise that any individual can do. It does not require any complex equipment or any particular setting to begin. Running can impact the health of an individual in a positive way by bringing about changes in both the physical as well as mental wellbeing of a person.

## **OBJECTIVE:**

The Vizag Bay Marathon which is a unique night marathon will be organized annually. Each year the event has the potential to grow in size and reputation attracting a tremendous response from both within the city and all over the country

## Achievements:

Overall 12,000 people have participated in Vizag bay marathon on the first and second editions. School student's youngsters and senior citizens actively took part in the run. Apart from denizens of Vizag, there were many participants who had come down from other states

## Supporters:

1.VIZAG STEEL

2.AP TOURISM

3.AP POLICE

4.SAAP

**5.POLLOCKS SCHOOLS** 

6.OCIMUM ECO

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